



**2019-2020  
ANNUAL REPORT**



**adsum**  
FOR WOMEN & CHILDREN

It has the power to unlock  
much more than just a door.



**adsum**  
FOR WOMEN & CHILDREN

## VISION

Everyone has a safe and secure home.

## MISSION

To lead change in housing through advocacy, supports and services to end homelessness.

## VALUES AND GUIDING PRINCIPLES

We live these values to create hope, security, self-esteem and choice.

## RESPECT

In order for people to feel respected, valued and have dignity, we meet people where they are, without judgement.

## SELF-WORTH

We value the uniqueness of each person in order to support self-worth.

## TRUST

We build and maintain relationships that exemplify credibility and trust.

## INCLUSION

We believe that people have the right to be included on their own terms.

## STRATEGIC DIRECTIONS

1. To be the best we can be as a centre of excellence in housing and homelessness
2. To expand our ability to care for people along their housing and homelessness journey by offering a continuum of holistic supports in combination with case management
3. To be truly client-directed by ensuring the people who use our services are engaged in identifying their needs
4. To make Adsum a great place to work



# MESSAGE FROM THE PRESIDENT OF THE BOARD AND THE EXECUTIVE DIRECTOR

As an organization providing urgent and emergent services and programs for vulnerable populations, Adsum rarely experiences typical times. But in what we would consider a 'typical' year-end report, we'd naturally and easily reflect on the organization's activities and milestones over the course of the previous 12 months. Quite honestly, it is challenging for us to recollect what our work entailed prior to the last few weeks of the 2019-2020 fiscal year.

While the COVID-19 pandemic hit just as our fiscal year was winding down, the challenges it presented to Adsum cannot be minimized. Seemingly overnight, we were forced to dust off our Pandemic Plan and set straight to work implementing and adapting our planned measures to meet rapidly changing guidelines and restrictions from public health while ensuring the health and safety of our clients, staff, volunteers and greater community. Knowing that a response of this scale would require resources that were not budgeted for, Adsum launched an informal fundraising campaign through our website, social media and through direct emails to supporters and friends. Our existing donors, and many donors new to us, generously responded. In the pandemic's early days, Adsum also supported other shelter organizations and government in the setting up of emergency pop-up shelters to allow for safe physical distancing in our city's crowded shelters. Our staff have worked tirelessly and creatively throughout this time to develop new ways to provide the support our clients need. This is no easy feat to accomplish during a global pandemic whilst working in aged facilities with limited resources. Deep gratitude is owed to every person on the Adsum team who is working through an extraordinary time, all the while having to manage their own risk of exposure to the deadly virus.

Prior to the arrival of COVID-19, fiscal 2019-20 was a year of many milestones. Early in the year, the Investment Property Owners Association of Nova Scotia honoured our executive director as a 'Pillar of the Community'; our special events were a hit, including our sold-out Successful Canadian Women Dinner which featured a capella quartet, Four the Moment; Adsum was proud to be named the Gold Winner in the annual Coast Award's 'Activist Organization' category; we wished our finance manager of 19 years, Nancy Lamrock, a happy and well-deserved retirement; and we proudly witnessed members of our provincial legislature highlight Adsum's work on the floor of the Legislative Assembly.

In addition to these special moments, we made great strides in our work to convince government to invest in programs like our 'Diverting Families from Shelter to Home.' The outcomes of this program and the impact it has on insecurely housed families have been remarkable - to date, we have assisted almost 100 families with more than 150 children. We're pleased that the provincial government has committed \$400,000 per year for the next five years to help meet its costs. We know all too well that this investment, while significant, scratches the surface of the operational needs of the organization. We will continue to work to raise the funds required to expand our activities and programs and will continue to advocate before governments of all levels that homelessness is not sustainable.

What we have witnessed in the short months since the declaration of the global pandemic is an extraordinary outpouring of funds and resources for businesses, organizations, individuals and students. We have seen an unbelievable display of creativity in solving some very complicated issues associated with public health restrictions. Many of us have adapted and found ways to thrive, in spite of the pandemic. And yet, not enough has changed; there are still hundreds of people in our own community without a safe place to call home. We must challenge ourselves, others and ultimately, government to put the resources in place to ensure that our province's most marginalized, judged and often invisible citizens have their most basic human rights met through the provision of safe, stable housing.

We all want to be on the right side of history. Providing homes for everyone is a basic first step.

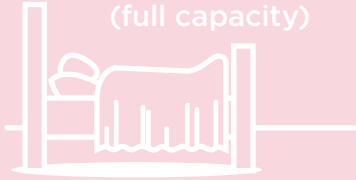
Catherine Baker  
*President of the Board*

Sheri Lecker  
*Executive Director*



**5,840**

bed nights provided at emergency shelter (full capacity)



**98** parents and children housed through Diverting Families from Shelter to Home



Parenting program at Adsum Centre for Moms of **28** children and **5** pregnant women

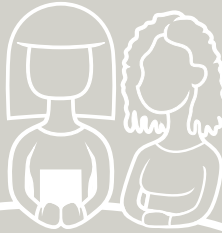


**17,588**

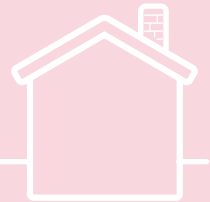
meals prepared at shelter for residents & visitors



**230** people supported by our Housing Support Worker



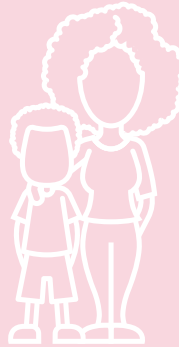
**55** women and trans received household boxes when they moved to a home from the shelter



Déjà Vu clothing room hosted **3,105** visits & **6** free sales



**12** children had regular supervised access visits with moms at Adsum Centre



**71** people including **16** children called Adsum-owned housing 'home'



Intensive support for **21** individuals experiencing chronic homelessness

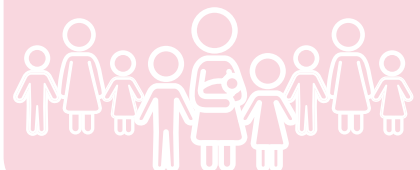


**+2,519** hours of programming; recreational, educational and therapeutic



Tenancy in Adsum housing ranged from a few months to

**+26** years







# CHRISTMAS AT ADSUM

Given the large numbers of women and families we are supporting and the incredible generosity of our community, we have simply outgrown the space at Adsum House to manage the donations at Christmas and support everyone through the holidays. This year we were fortunate to find a perfect location to house our Christmas Warehouse at Freeman's Little New York on Dutch Village Road.

With the expanded offsite space, we were able to have individual donors and companies more easily deliver donations while volunteer teams helped with the sorting, choosing, and wrapping for clients. The parents of 286 children we know at Adsum or through sister organizations in our community were invited to visit and 'shop' for free for new toys, clothes, books and stocking stuffers. We believe that this is a better reflection of our values by offering more choice, dignity and self-esteem to parents.

At the shelter, we hosted our annual wrapping day and prepared large gift bags for 120 women, youth and trans people for Christmas. With the remaining toys and a huge toy drive organized by FX 101.9 and generously supported by the community, we hosted our now-annual Christmas Eve toy giveaway. Bags for 298 children went out the door in time for Christmas through this event. Special thanks to Lisa at Freeman's Little New York who kept our volunteers and folks waiting in line supplied with hot pizza.

We could not do any of this without the generous support and giving spirit of the Halifax community. Thank you to everyone - families, community groups and companies - for being part of our efforts at Christmas.



# OUTREACH HOUSING SUPPORT

*When things get bad, Jenna always has a place to go—her mother's, her co-worker's, a friend's house. She carefully plans her stays to ensure that she and her children are always safe and housed. Staying two weeks here and there, dividing her children amongst friends and family — the stays are brief as Jenna does not want to over-stay her welcome. Her belongings are organized in plastic bins in the trunk of her car, one for each of her children, with their favorite toys and clothes.*

At Adsum we have heard countless stories of the 'invisible homelessness' caused by gendered violence and poverty. We have seen how challenging it can be for women, trans-people and children to obtain and maintain affordable, safe, and stable housing. Homelessness is largely underpinned by structural factors, including inadequate income, systemic discrimination, lack of affordable housing and family violence. While poverty rates in the rest of the country have declined, Nova Scotia's rate has continued to increase. Nova Scotia currently has the dubious distinction of being the province with the highest rate of child poverty in the country, at 17%. Jenna's scenario above could describe the life of one of hundreds of children who are homeless across Nova Scotia right now.

Our housing team of five seeks to address the immediate need for safe emergency housing and longer-term secure housing. We provide a variety of interventions ranging from safety planning, eviction prevention, diversion, rapid re-housing services and ongoing outreach support to individuals and families to maintain housing and improve overall social and emotional well-being.

During the 2019/20 fiscal year the Adsum Housing Team supported a total of 468 individuals, including 149 children. In addition to our regular caseloads, our team provides one time supports such as: meeting and/or consulting with outside organizations about a client's needs, offering housing resources and advice, attending apartment viewings as a support person, or referring someone to an outside organization.

The clients we support face complex layers of structural and systemic barriers on a daily basis. These barriers are increasingly difficult to navigate as the gap continues to widen between insufficient shelter and personal allowances from Income Assistance (now called the Standard Household Rate) and increasing rents and costs of living. A single person who is entitled to disability allowance receives the grossly inadequate payment of \$880/month. A single mother with two or more children receives a mere \$913/month. This amount must cover housing costs (rent and utilities) plus all of their personal needs: medications, personal hygiene products, menstrual supplies, clothing, phone bill, banking fees, laundry, entertainment and whatever portion of the rent is not covered by the shelter allowance. These amounts are in no way reflective of the reality of the rental market in HRM where a one-bedroom apartment costs an average of \$1000 per month while a three-bedroom costs a minimum of \$1400. Coupled with the staggeringly low 1% vacancy rate in Halifax – finding suitable housing is a monumental and daunting task.

Our team is extremely privileged to be able to do this work. We value and appreciate the trust that is extended to us by the folks we serve. We believe that by the sharing of skills, knowledge, and support of others doing this and similar work, both within Adsum and from the wider community, the people we support will benefit greatly. We continue to be innovative in our attempts to constantly drive our practice in response to the voices and needs of the folks we serve. We look forward to a day when our focus is no longer on harm-reduction and that everyone is safely and securely housed, no one is hungry and the basic needs of every one of us are met.

*Michelle Malette and Meghan Hansford*






# What does it take to move a family from homelessness to housing?

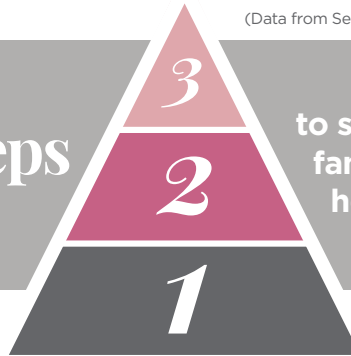
Diverting Families from Shelter to Home reveals the answer:  
**appropriate supports.**

(Data from September 2017 - March 2020)

**80** families with **155** children diverted from shelter




**3 Steps**



to stabilize a family facing homelessness:

**84%** of families supported who did not spend any nights in shelter



Average monthly rent subsidy of **\$247<sup>00</sup>**



Average moving & other one time economic supports **\$1093<sup>68</sup>**



Parents are able to decide the level of support they receive.



## 1. INTERVENE

Intervention reduces the trauma and stress parents and children are exposed to and can experience.

## 2. HELP

Poverty is identified as a core reason for family instability. Diverting Families is able to reduce financial stress.

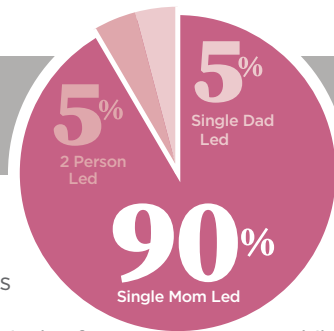
## 3. SUPPORT

Case management support helps families to heal from trauma, build their self-confidence, and re-gain their autonomy.

Check-in's range from every day to every 2 weeks.



## STRUCTURE



Families led by single-mothers are the most common family structure in the program.

Repetitive episodes of couch surfing were common.



## PAST

**100%** of parents had previously experienced periods of housing instability. For many, this started in childhood as a result of their own parents being homeless or insecurely housed.

## HOPE

Our hope is to have better outcomes for children at school, with their health and behaviours. By ending children's homelessness, we hope to stem the flow of people into homelessness in later years.


**17** families have successfully transitioned off the program.



Many had previous stays in shelter.




Many had experienced Intimate Partner Violence.



\*Segaert, Aaron. The National Shelter Study: Emergency Shelter Use In Canada: 2005-2009. [Ottawa, ON]: Human Resources and Skills Development Canada, 2012.

**96%** of families are stably housed.



Children are no longer ashamed of their housing.



# A JOURNEY FROM ROAD TO HEAVEN

By an Adsum Client

I came to Canada as a single mom with my girls ages 8, 5 and 1. I was totally alone without any family member or relative in Canada and I was homeless with 3 children.

Once I arrived in Canada, I stayed for few days at my friend's home and I realized that I should move somewhere because it is difficult to stay at someone's home along with three kids. I contacted income assistance but unfortunately, Christmas holidays were very close, and they dragged my application until after the holidays. It was such an unfortunate time for me and my family. Suddenly, my friend mentioned Adsum Housing Support, and I promptly reached out to them. I felt somebody was there to heal my wound. My brain was a little relaxed when my case worker, Meghan told me "I am here for you; you don't need to worry about anything. Just relax." I was crying like a baby because I had only \$5 in my pocket. They promptly stood by me like a pillar of a building. They

arranged a motel for our family and everything we needed. I could breathe with Adsum's amazing assistance in such a bad situation.

Adsum's team assisted me in finding an apartment and helped me furnish it. Once we entered our new home my kids and I felt like we got into heaven. That was an awesome experience in our life. Afterwards Adsum started assisting in getting us groceries, helping with a food box from the food bank, gift cards, clothes, and many more necessities of everyday life. If an item that I needed was not available at Adsum House, they bought a brand new one for me, which was more than appreciated.

It's been more than one year, and my Adsum Case Worker is always there for me whenever I need her. She is such a lovely lady and friendly person. She meets more than my expectations. As a single mom, Covid-19 is very hard for me to get out from home to buy groceries. I cannot take my kids with me nor could I leave them all alone at home. Thank God Adsum workers are beside me at this challenging time.

I have a master's degree from a Canadian university, but I am unable to work right now as I am the only person to take care of three minors. Being a well-educated person, I have dreams about my bright future. I would like to have a beautiful job which can transform our life. That can only be done once my husband will be in Canada. I am hoping to fulfill my dreams and I will always remember the assistance from Adsum.

I hope and wish they will continue to help me and others who are really in need as I pass through this situation and get rewarded from Lord!





# COVID-19

We are living through a strange and challenging year where much of what we do is being defined by pandemic COVID-19. Even before the first case was reported in Nova Scotia, we had started to gather products that we would need at Adsum to help protect residents, tenants, staff and volunteers, as well as our shelter and housing locations. While we had crisis plans and procedures in place, we have never faced an emergency of this scale. We consulted extensively with other shelters and community partners and government to discuss how we might be impacted. We had to move quickly, and act creatively. Here's why.

Many people we meet at Adsum live with chronic medical conditions and are at high risk for developing severe illness if infected with COVID-19. They experience barriers when trying to access traditional health services and community resources. They lack the means and the space, when homeless, to follow the best public health advice and health promotion messages - to isolate, to practice physical distancing and to wash their hands. Housed precariously, they are often of low income and lack resources to purchase cleaning products in high demand and other basics, or internet service.

Our job at Adsum, therefore, was to take precautionary measures and resolve concerns as they arose. One of our first moves was to add staff to ensure that everyone properly and frequently washed and sanitized their hands and surfaces. At the same time, we asked some colleagues to work from home. We closed the shelter kitchen to residents and began preparing individually plated meals. We invested in new equipment such as motion-detected paper towel dispensers, and stretched our budget lines to adapt to new, more stringent, standards. We closed all Adsum locations to volunteers and visitors. This was a huge and unexpected loss, as we have traditionally relied on many dedicated people to help at Adsum. We look forward to a reunion with our volunteers when it is safe to welcome them back.

As we continue to learn more about this novel virus, we can say two things with certainty. The coming year will be very tough, particularly for people with limited resources who have precarious or no housing. Secondly, we will have to go above and beyond at Adsum to serve as many people as safely possible while managing risk. We will try to live up to our name. Ad Sum. I Am Here.

*We are deeply grateful to staff and folks who use our services for doing their part to keep us all safe, and for supporters who contributed resources we needed.*



# TREASURER'S REPORT

It has been a pleasure to serve as Acting Treasurer on the board of Adsum for Women & Children during the fiscal year ending March 31, 2020. I am grateful to the staff and directors of Adsum for supporting me in my role as Treasurer. I continue to be inspired by the Executive Director, Sheri Lecker, and Accountant, Doreen Logan, who play a large role in the success of the Association's finances by being so attentive to every source of revenue and expenditure.

Adsum relies on government fees for services and the generosity of our donors to provide much needed programming and housing support for the most marginalized members of our community. Revenues increased to \$2,643,602 in 2020 from \$2,526,016 in 2019. This includes, an amount of \$763,717, contributed to the Association through donations, major gifts and fund raising events. These monies are used to advance the vision of the Association that everyone has a safe and secure home; which would not be possible without the generosity of Adsum supporters.

The expenditures of the Association continue to grow as the operations and services of Adsum expand. The continued growth of the diverting families program, enhanced client services and shelter improvements, resulted in expenditures increasing to \$2,637,506 in 2020 compared to \$2,516,916 in 2019.

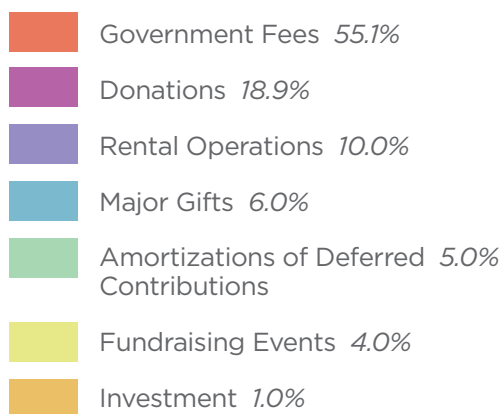
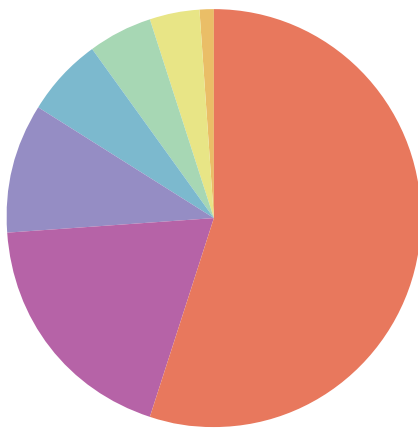
The Association continues to demonstrate a strong financial position. Readers are encouraged to examine the audited accounts as published in the annual report and on the Association's website.

Respectfully submitted,

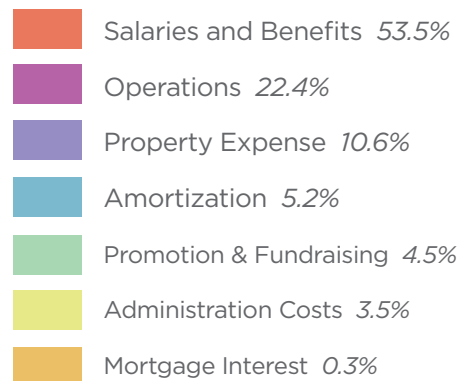
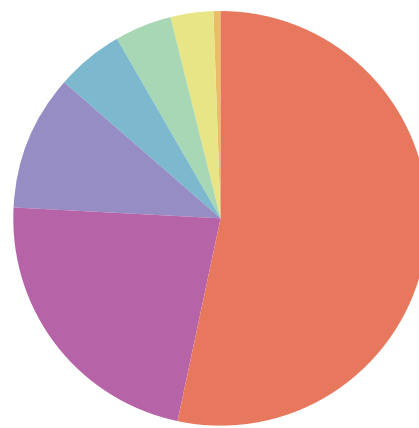


Catherine Baker CPA, CMA, Acting Treasurer

## 2020 REVENUE



## 2020 EXPENSES



# STATEMENT OF REVENUE & EXPENDITURES

YEAR ENDED MARCH 31, 2020

	2020	2019
REVENUE	\$2,643,602	\$2,526,016
EXPENSES	\$2,637,506	\$2,516,916
DEFICIENCY OF REVENUES OVER EXPENSES FROM OPERATIONS	\$6,096	\$9,100
OTHER INCOME (UNREALIZED GAIN)	(\$78,579)	(\$21,601)
DEFICIENCY OF REVENUE OVER EXPENSES FOR THE YEAR	(\$72,483)	(\$12,501)

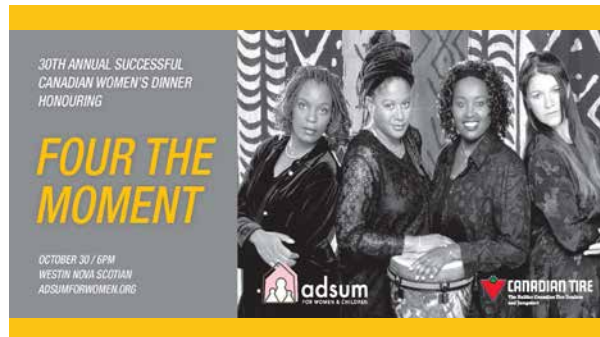
# STATEMENT OF FINANCIAL POSITION

MARCH 31, 2020

ASSETS	2020	2019
CURRENT		
CASH	\$ -	\$ -
ACCOUNTS RECEIVABLE	\$61,151	\$59,727
PREPAID EXPENSES	\$23,144	\$18,909
	<b>\$84,295</b>	\$78,636
CAPITAL ASSETS		
LONG TERM INVESTMENTS - RESTRICTED	\$91,951	\$129,389
LONG TERM INVESTMENTS - UNRESTRICTED	\$659,375	\$702,970
	<b>\$4,208,632</b>	\$4,399,368
LIABILITIES		
CURRENT		
BANK INDEBTEDNESS	\$117,936	\$113,111
ACCOUNTS PAYABLE	\$211,278	\$163,434
CURRENT PORTION OF LONG TERM DEBT	\$23,235	\$22,726
UNEARNED INCOME	\$11,671	\$11,721
TENANTS' DAMAGE DEPOSITS	\$8,684	\$8,372
	<b>\$372,804</b>	\$319,364
LONG TERM DEBT	\$188,027	\$211,390
DEFERRED CONTRIBUTIONS - CAPITAL ASSETS	\$2,722,751	\$2,850,437
DEFERRED CONTRIBUTIONS - FUTURE EXPENDITURES	\$159,542	\$168,298
	<b>\$3,443,124</b>	\$3,549,489
NET ASSETS		
INVESTMENT IN PROPERTY AND EQUIPMENT	\$438,360	\$403,180
INVESTMENT IN ENDOWMENT FUND	\$91,951	\$129,389
UNRESTRICTED FUND	\$235,197	\$317,310
	<b>\$765,508</b>	\$849,879
	<b>\$4,208,632</b>	\$4,399,368



# COMMUNITY VOLUNTEERS AND STAFF RAISE FUNDS AND MAKE NEW FRIENDS AT OUR SIGNATURE FUNDRAISING EVENTS



## THANK YOU TO OUR GENEROUS EVENT SPONSORS



# 30<sup>TH</sup> ANNUAL SUCCESSFUL CANADIAN WOMEN'S DINNER

As our signature event, the Successful Canadian Women's Dinner raises funds that are vital to our work. On October 30th, Adsum and Canadian Tire were delighted to honour a quartet of activists and singers from Halifax, *Four the Moment*. This was a special occasion to recognize their contributions to music, to breaking down barriers, and to the fight against racism and social injustice.

From their debut almost three decades ago at an anti-Ku Klux Klan rally in Halifax, *Four the Moment* emerged as a strong and important social justice and political voice. Their lyrics tell of the struggles of women and African Canadians as well as problems in the developing world. They see their music as a "universal tool that speaks to the soul", effecting change from a stage rather than a soapbox.

The audience enjoyed a unique performance by the quartet, which had the next generation of *Four the Moment* daughters join their Moms on stage and a finale with the past, present and future members.

Due to a recent concussion Anne-Marie Woods could not perform, but we were thrilled that she attended and shared this original poem to commemorate the night:

## Adsum - We Are Here

Tonight, "We are Here!"

All of us together in celebration of women who  
needed a safe place a safe space to just be.

Since 1983 providing a place to sigh in relief

And what an honour it is to be recognized as a member of Four The Moment

But if we can just pause for a moment

And think and reflect on how life can change in the  
blink of an eye have you ever had to ask yourself why

Imagine what that would be like

Tonight we are able to rejoice that families now have a choice

A place where doors are open when too many are being closed

A place where community is key and those who enter can feel at home

So while we drink and toast and enjoy and you hear songs and  
reflections take that time for your personal introspection

and remember to be kind to those you don't know,  
because you never know when your own life might change

Four the Moment brings you the gift of song and poems and music

We thank you Adsum house for recognizing us and letting us use it

In a space where words matter and children matter and all people matter.

So when it comes to helping others and using our voices let's not lose some...

*"Let's all Adsum!"*

*By Anne-Marie Woods aka Amani*



Four the Moment; Kim Bernard, Anne-Marie Woods, Delvina Bernard and Andrea Currie with Canadian Tire Halifax Dealers





# ADSUM'S COMMUNITY OF VOLUNTEERS 2019-2020

Our volunteers truly are amazing! Volunteers help in many ways at Adsum each day. It could be sorting and organizing donations; preparing meals and helping to plan fundraising events; working on our Board of Directors or doing programming with our clients. Volunteers are an essential part of the work that we do. Our volunteers are dedicated to their community and we are so grateful for all of the ways they help with our services and events. Thank you!

Jennifer Abbass  
Foluke Akinkunmi  
Alla Al-Arabi  
Cheryl Albert  
Claire Amirault  
Leslie Anderson  
Christina Andrecyk  
Alexandra Arsenault  
Glady Ascah  
Ama Asubonteng  
Fantanesh Attomsa  
Maureen Babin  
Catherine Baker  
Dr. Rohini Banerjee  
Rachel Barnes  
Brian Barton  
Alex Belitzky  
Donalda Benjamin  
Beth Bennett  
Joanne Boyd  
Celia Briand  
Courtney Brown  
Jessy Brunet  
Emma Bundschuch  
Carol Burk  
Justine Burns  
Cathy Byrne  
Megan Campbell

Kara Canning  
Rob Canning  
Kim Caven  
Katie Cirtwill  
Gabrielle Cote  
Grisha Cowal  
Deborah Cunningham  
Amber Davis  
Leigh Day  
Jenny de Zoete  
Camille Denney-Harris  
Evyenia Dexter  
Chloe Dionne  
Ngoc Doan  
Laurie Dolhan  
Ashley Donald  
Joan Eager  
Abigail Edwards  
Kerri Eisnor  
Ashley Farrell  
Dr. Tammy Findlay  
Jennifer Fisher  
Gisela Folker  
Zara Forbrigger  
Lucie Gallot-Lavallee  
Anna Giddy

Claire Gillis  
Sophia Giammario  
Leigha Givner  
Hannah Givner  
Melissa Guptar  
Penny Harding  
Amadea Higginbotham  
Abi Hodson  
Linda Hutchinson  
Melanie Ingram  
Jillian Johnstone  
Linda Jones  
Celiah Keats  
Madelyn Keeping  
Sherry Keizer  
Anne Kelly  
Prima Kelly  
Jasmine King  
Anne-Marie Lace  
Louise Lapensee  
Janis Leblanc  
Carly Lecocq  
Brienne Lindsay  
Juniper Littlefield  
Kerys Llewellyn  
Helena Lotherington  
Haylee MacCallum

Christina MacDonald  
Diane MacDonald  
Katie MacDonald  
Susan (Shirley)  
MacDonald  
Veronica Maclsaac  
Flora MacLeod  
Kate MacMillan  
Marley Mathers  
Nicole Maunsell  
Nancy McGrath  
Bette McNutt  
Kay Ann Meagher  
Hannah Moore  
Tara Morand  
Madeleine Morris  
Ashley Murphy  
Doris Murphy  
Sue Murtagh  
Yvonne Noel  
Wilma O'Grady  
Fanny Otoma  
Bernice Palgue  
Joesie Palmer  
Grace Park  
My Pham  
Amy Prince

Esther Puiras  
Anisha Rajaselvam  
Tracey Randem  
Meredith Regalado  
Ceilidh Rink  
Charmaine Roma  
Cecily Roy  
Craig Sampson  
Christine Saulnier  
Tressa Saulnier  
Susan Seward  
Susan Shephard  
Aditi Sivakumar  
Dr. Parvinder Sodhi  
Leia Spencer  
Shawn Sperry  
Heather Stewart  
Bailey Sutherland  
Margaret Swain  
Allison Thorne  
Pauline Tran-Roop  
Sarah Trasker  
Karen Veinot  
Teaghan Wallace  
Tina Whynot  
Richelle Williams  
Carolyn Wilson  
Yaxi (Sissi) Yang





# “CHANGING THE WORLD IS AS EASY AS REACHING OUT YOUR HAND”

We appreciate the enthusiasm and support from our amazing Volunteer Groups, who spend time at Adsum properties to cook, clean, organize donations, paint, do yard work and offer professional skills and talents to clients.

- |  |                                     |                                      |
|--|-------------------------------------|--------------------------------------|
| Autism Nova Scotia                     | Foxy Moon Hair Gallery              | Nova Scotia Power                    |
| Better Together Nova Scotia            | Girl Guides of Canada               | On Point Volunteer Association       |
| BGIS                                   | Haliente Latin Dance Socials        | Peggy's Cove Boat Tours              |
| Bluenose Brothers                      | Halifax Marriott Harbourfront Hotel | Pirate Offroad Nation                |
| Burning Bliss Project Phoenix          | Halifax Missionary Sisters          | RBC                                  |
| Canadian Progress Club Halifax Citadel | Halifax Rec. Youth Leadership       | Regional Cadet Support Unit Atlantic |
| Charles P. Allen High School           | Heritage Movers                     | Sacred Heart School                  |
| Cornerstone Westlawn Church            | Hook, Line & Tinker                 | Saint Mary's University              |
| Craig Sampson and Family               | Imperial Oil                        | Scotiabank                           |
| CrossFit Convoy                        | MAC Cosmetics                       | SMU Huskies                          |
| Dalhousie University                   | Mount Saint Vincent University      | Stitch & Bitch                       |
| Eastern College Massage Class          | MUFG Investor Services              | Summit Salon Business Centre         |
| Efficiency Nova Scotia                 | NS Cadet Tri Service Band           | TEAMWork Cooperative                 |
| Emera                                  | NSLC                                | The Language Centre                  |
| Fall River Taekwon-Do                  | Nova Centre                         |                                      |



# WE ARE HONOURED TO HAVE MANY SUPPORTERS WHO TRUST ADSUM TO USE THEIR DONATIONS IN WAYS THAT HELP OTHERS FIND HOPE, SECURITY AND SELF ESTEEM. THANK YOU FOR YOUR GENEROUS GIFTS.

Listed here are donors of cash, gifts-in kind and sponsorships of more than \$500, between April 2019 and March 2020 (Excluding private individual donors).

## FOUNDATIONS

John & Noreen Barter Fund  
Black Family Foundation  
Canadian Tire Jumpstart Foundation  
Canadian Progress Club Halifax Citadel Charitable Foundation  
Community Foundation of Nova Scotia  
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Halifax Protestant Infants Foundation  
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The Estate of Laura Bowser  
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All Nations Christian Reformed Church  
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Saint Benedict Parish & CWL  
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Stevens Road United Baptist Church

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Government of Nova Scotia  
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# CELEBRATING ADSUM STRONG WOMEN

## Nancy Lamrock retired from Adsum after 19 years as our Finance Manager

At the 30th Annual Successful Canadian Women's Dinner, Nancy was seated with friends and family as Sheri Lecker spoke to the crowd of 380 supporters about Nancy's tremendous work.

Though Nancy was managing the organization's accounting and payroll, she was involved in everything from catching mice, fixing toilets and baking cookies. She was always there for whatever job was needed most at any of our locations.

Nancy reflects on her time with Adsum: "I was contacted by an Adsum for Women & Children Board Member to help with some bookkeeping, as the bookkeeper had resigned without notice. I said sure, I can help a bit until you find someone. That was 19 years ago. It was not my intention to work full time, but somehow our lives go down a path we did not plan to walk. I am



so glad my life took this path at Adsum. Working there has had so much impact on myself, my family and all my friends. Over the years no matter where I was, I never left empty handed; either a bag of clothes, shoes, dishes, anything that would fit in my vehicle came with me. Everyone wanted to help. I received the nickname, "the bag lady". For many years I could not see out of my rearview mirror as my vehicle was so packed all the time. It drove my poor husband crazy, but he knew it was not going to stop!"

and beyond. Working at Adsum has been a privilege and has made me a better person in so many ways. Working with Sheri for most of those years, has taught me to be stronger and fight harder for the underdog which I am proud to say I continue to do. It was a job that took a lot but gave more in return. I have made lifelong friends with staff and clients and I'm proud to say I was a member of the incredible family that was and continues to be Adsum for Women & Children."

On November 9, current and former Adsum staff came together for crafting, catching up, and celebrating Nancy and her 19 years at Adsum. A whole lot of love in that room!



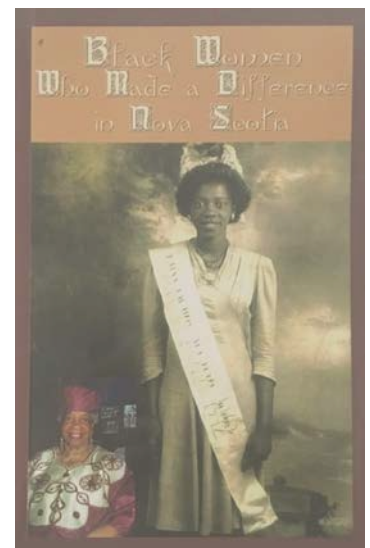
"When I started, there was the shelter on Brunswick and 16 apartments in Dartmouth. It has been amazing to see and be a part of the growth every year, to support and house hundreds more people. What a statement Adsum has made in the community

## Dolly Williams, Client Support Worker is recognized during Black History Month

Dolly is known around Nova Scotia and across the country for her strong voice.

She is awarded for her activism of black history, as author of the book *Black Women Who Made a Difference in Nova Scotia*.

Congratulations Dolly, on this well-deserved honor.



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Rylee Booroff, Shandrea Bowes, Angie Demont, Kim Harper-Given, Bonnie Hill, Sarah Leuthard, Ferne McCombie, Nicole Norlock, Kelly Woodington, Chelsea MacLeod

## CLIENT SUPPORT OFFICERS (CASUAL)

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## SUMMER STUDENT

Catharine Fahie, Samantha Wolfe

## OCCUPATIONAL THERAPY ASSISTANT

Lisa Tramley

## PROGRAM SUPPORT OFFICER

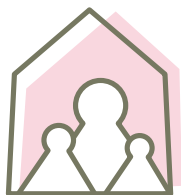
Erin Austin, Erin Bissonnette, Annette MacLellan, Shannon Power

## PARENTING & VOLUNTEER COORDINATOR

Sylvia O'Neill







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